

# *“Maybe We Need Some More Examples:”*

## Individual and Team Drivers of Developer GenAI Tool Use

Wednesday, April 15<sup>th</sup>, 2026

**Courtney Miller**, Rudrajit Choudhuri, Mara Ulloa, Sankeerti Haniyur, Robert DeLine, Margaret-Anne Storey, Emerson Murphy-Hill, Christian Bird, Jenna L. Butler

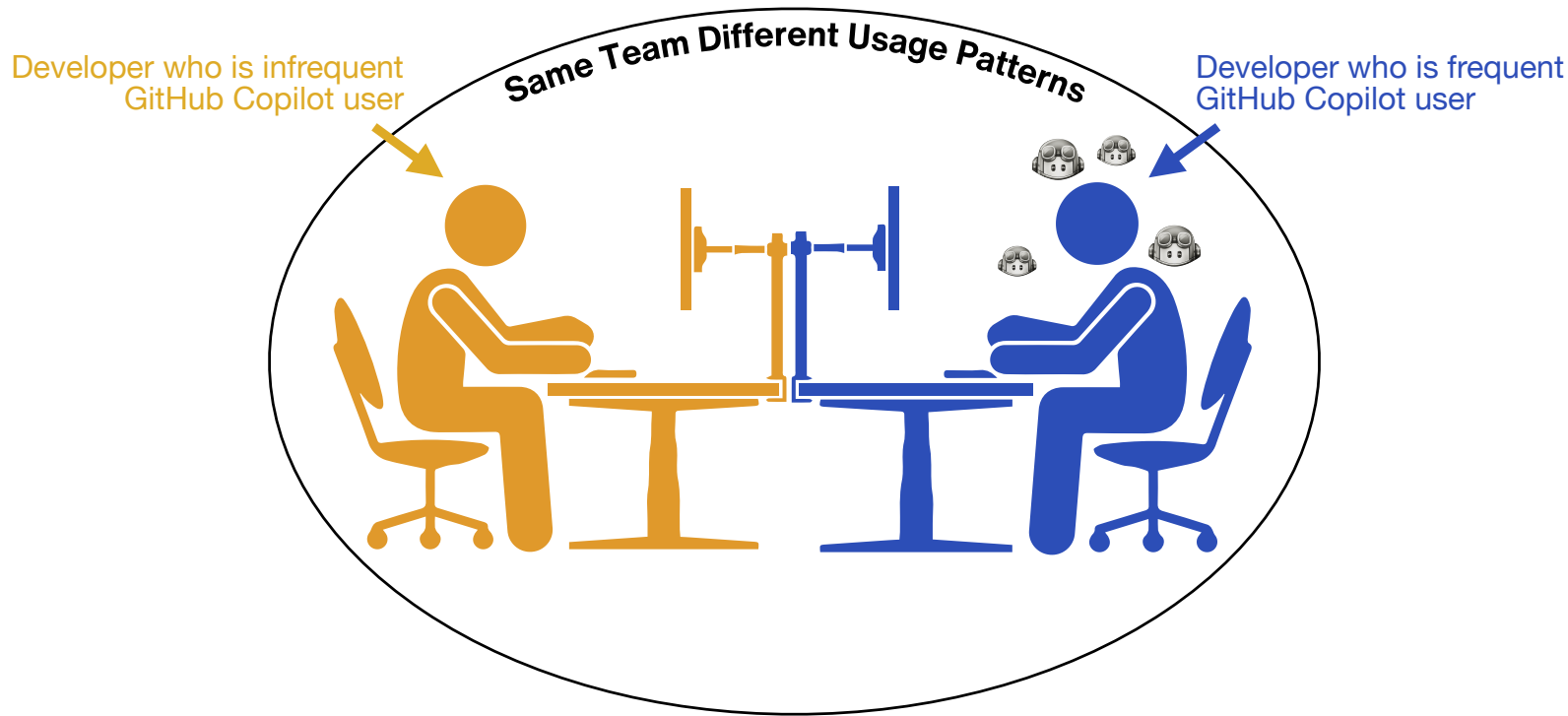


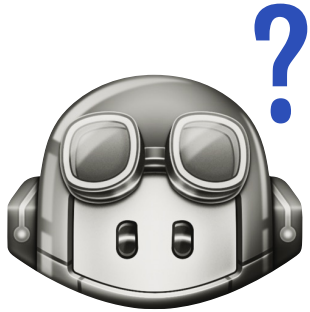
Paper



Infographic

# Despite Widespread Availability Adoption Remains Uneven





**What individual factors distinguish frequent and infrequent users of GenAI development tools?**

**Methods**

**Results**

**Discussion &  
Implications**



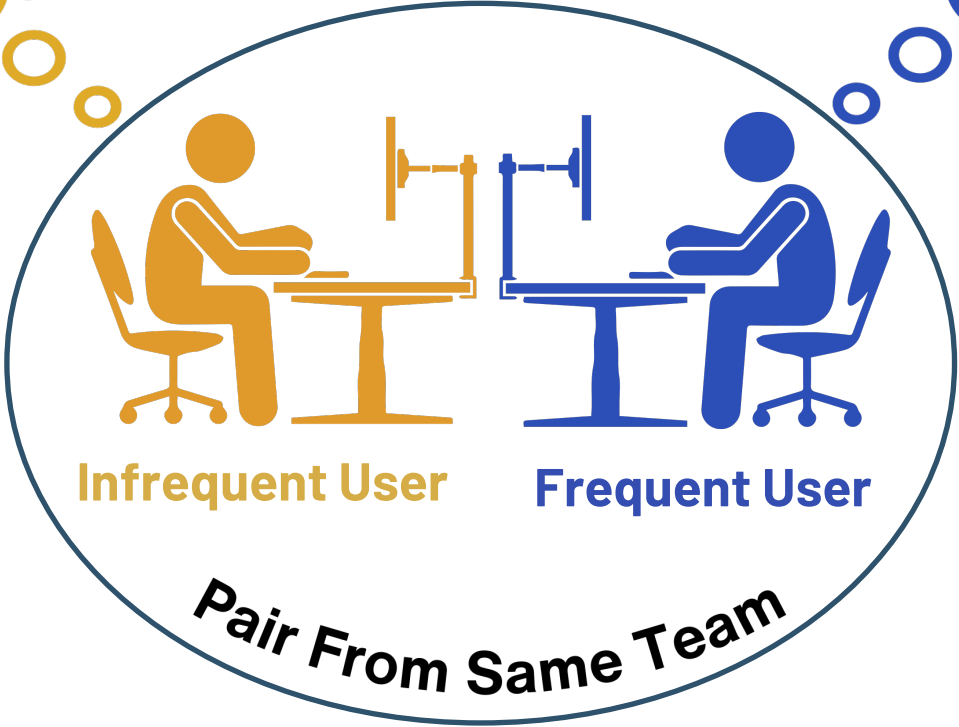
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Context-Specific  
Barriers

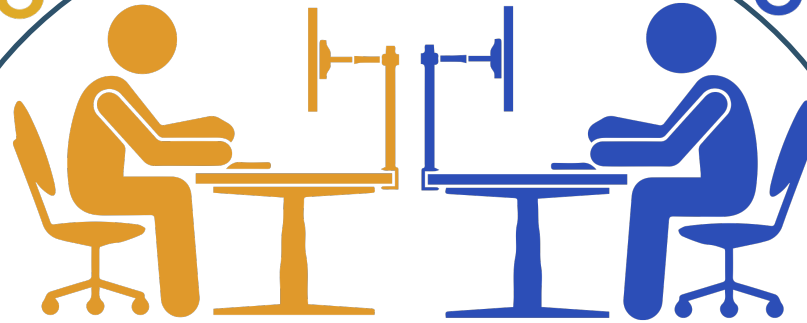
Context-Specific  
Workarounds



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Barriers

**Matching Criteria:**  
Programming Language  
Seniority  
Role

Context-Specific  
Workarounds



**Infrequent User**

**Frequent User**

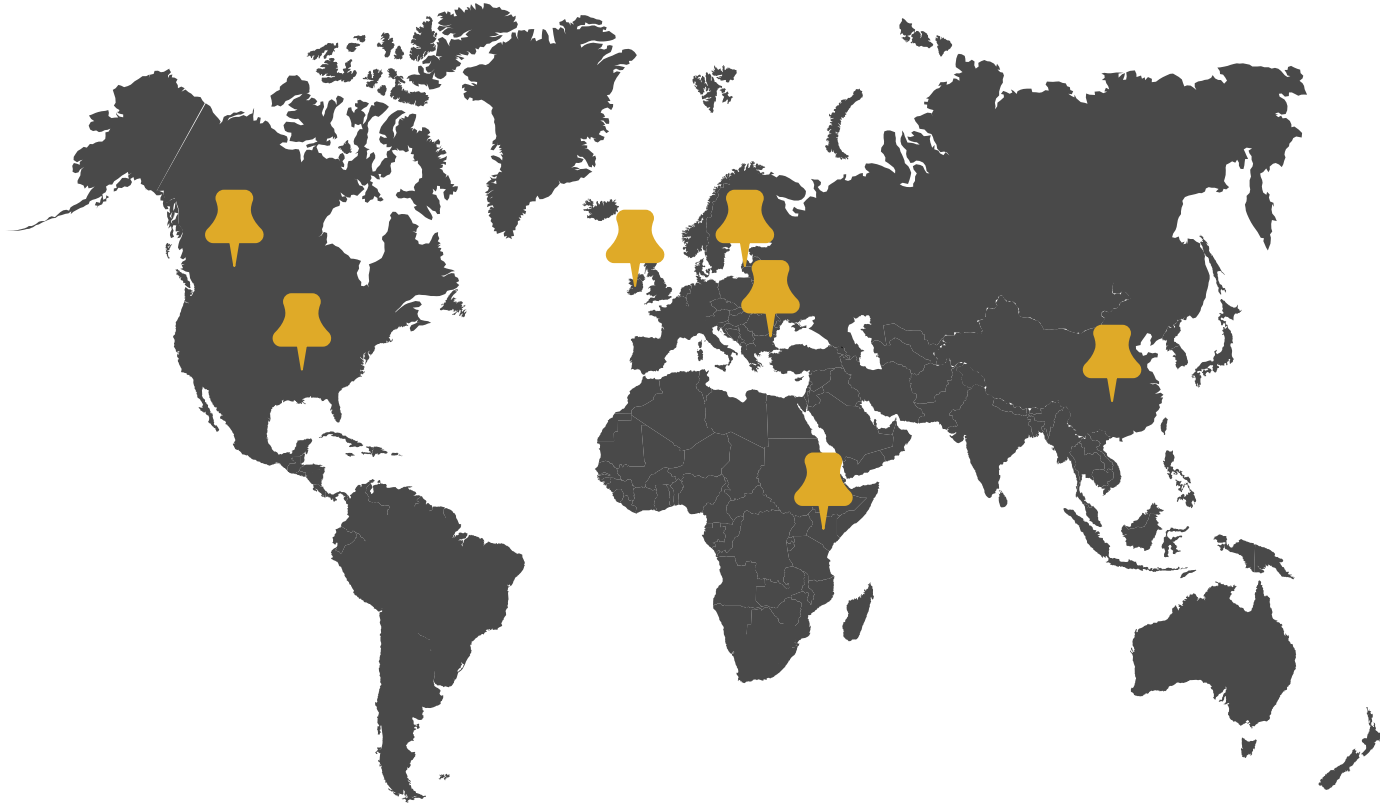
**Pair From Same Team**

**Same:** Codebase + Manager + Team Policies

- Pairs identified using GitHub Copilot telemetry data
- Interview data analyzed using iterative thematic analysis
- Member checking performed with participants

# We Spoke to Pairs of Developers From Teams Globally

n = 54 developers -> 27 matched pairs



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## Ensuring Non-Judgmental Interview Environments

Vetted questions for neutrality, interviewer emphasized confidentiality & anonymity

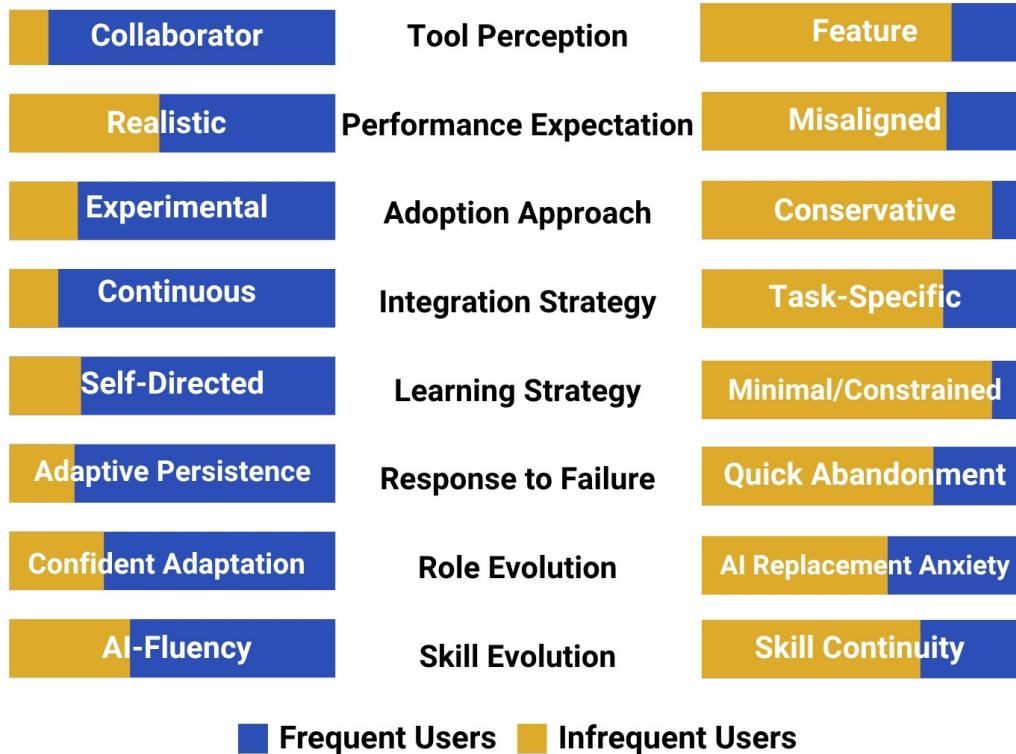


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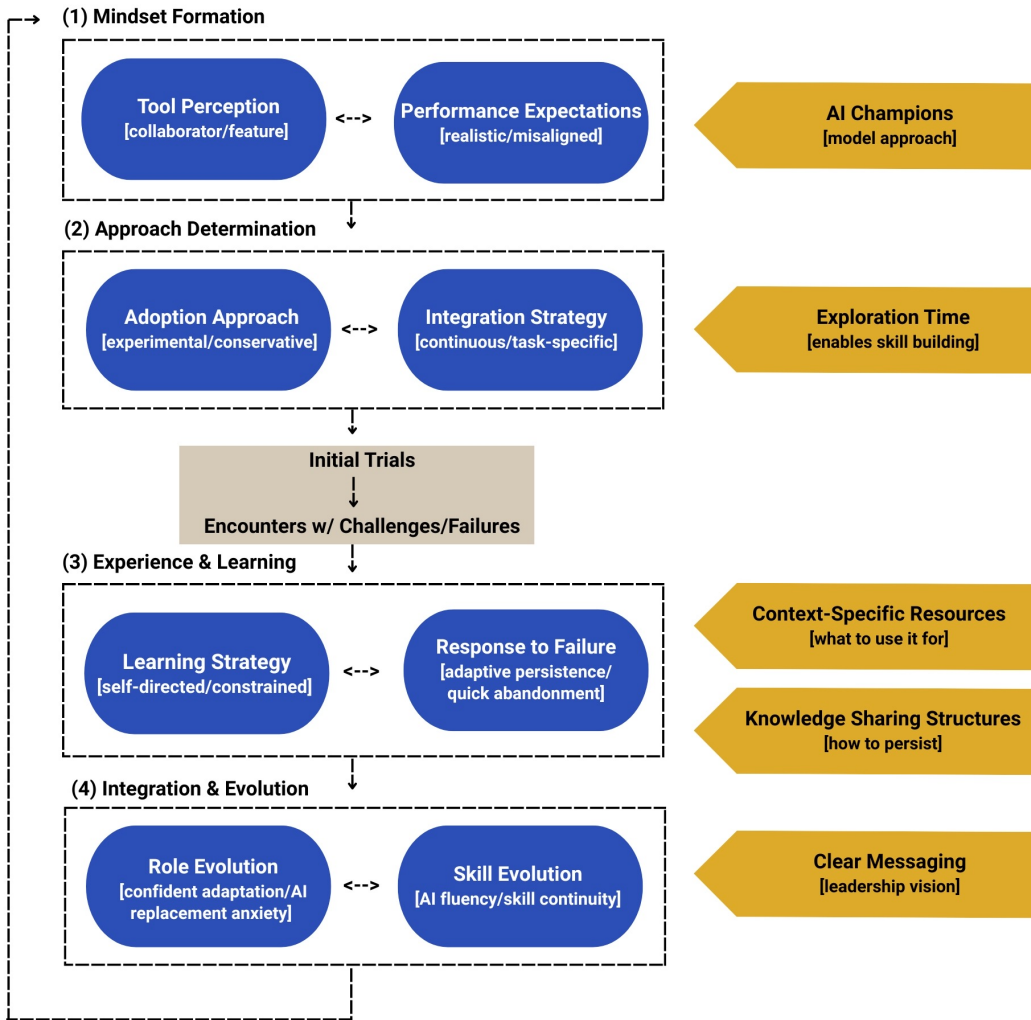
**Discussion &  
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# Usage patterns diverge based on mindset and approach



We identified distinct patterns in how frequent and infrequent users **perceive, approach working with, and respond to challenges** using GenAI development tools

Even among developers in similar organizational contexts



# Team Support Can Make a Difference for Some

Emergent findings reveal that team and organizational factors appear to actively shape individual factors that impact adoption for some developers

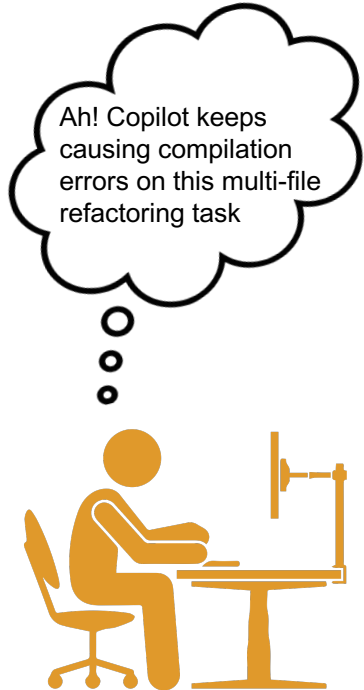
\* Note: Note all developers were influenced by team and organizational factors equally

# Organizational Factors Can Amplify Adoption Differences

E.g., Knowledge sharing structures -> demonstrate how to overcome challenges

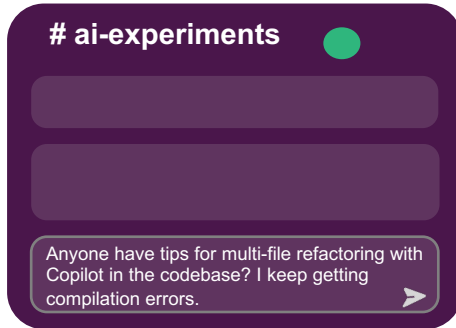
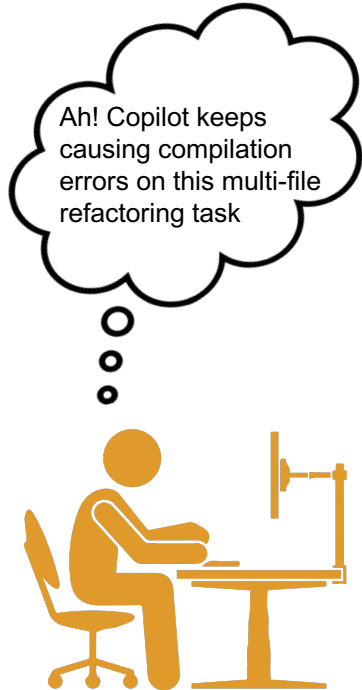
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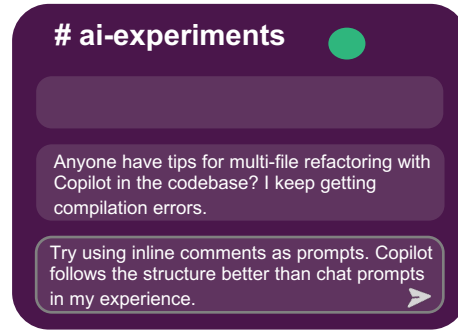
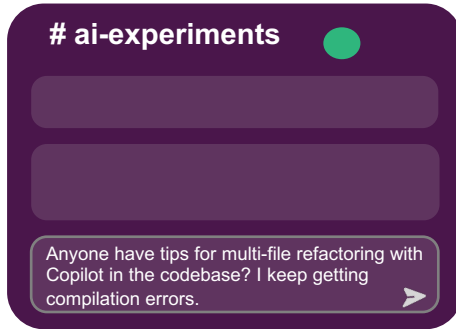
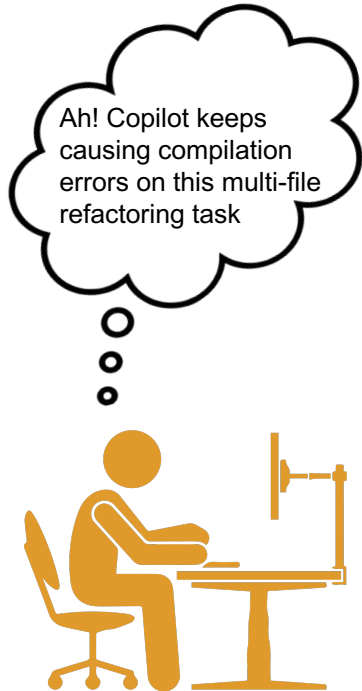
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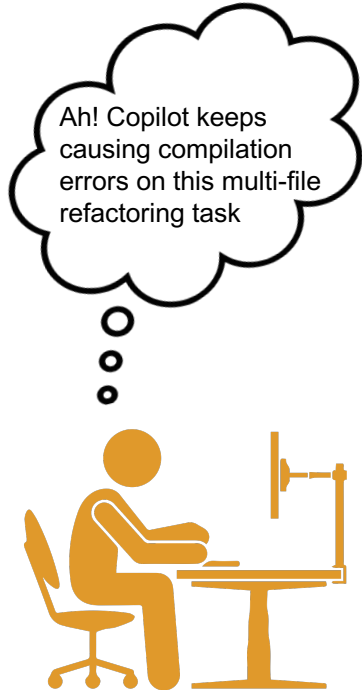
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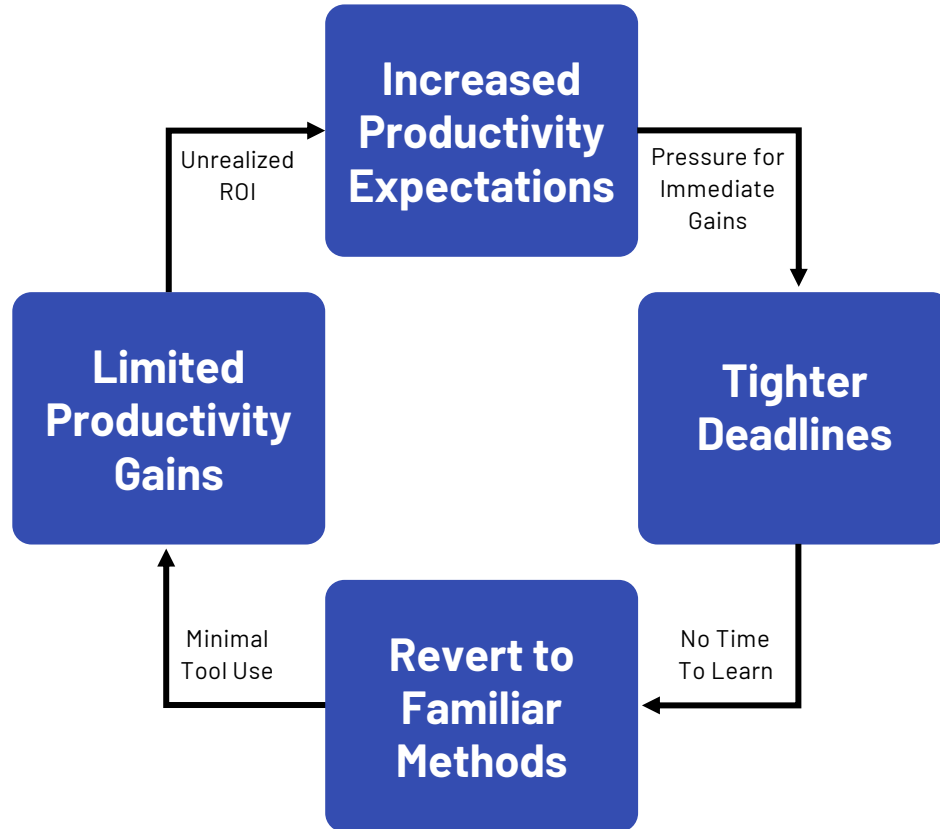
Try using inline comments as prompts. Copilot follows the structure better than chat prompts in my experience. ➔



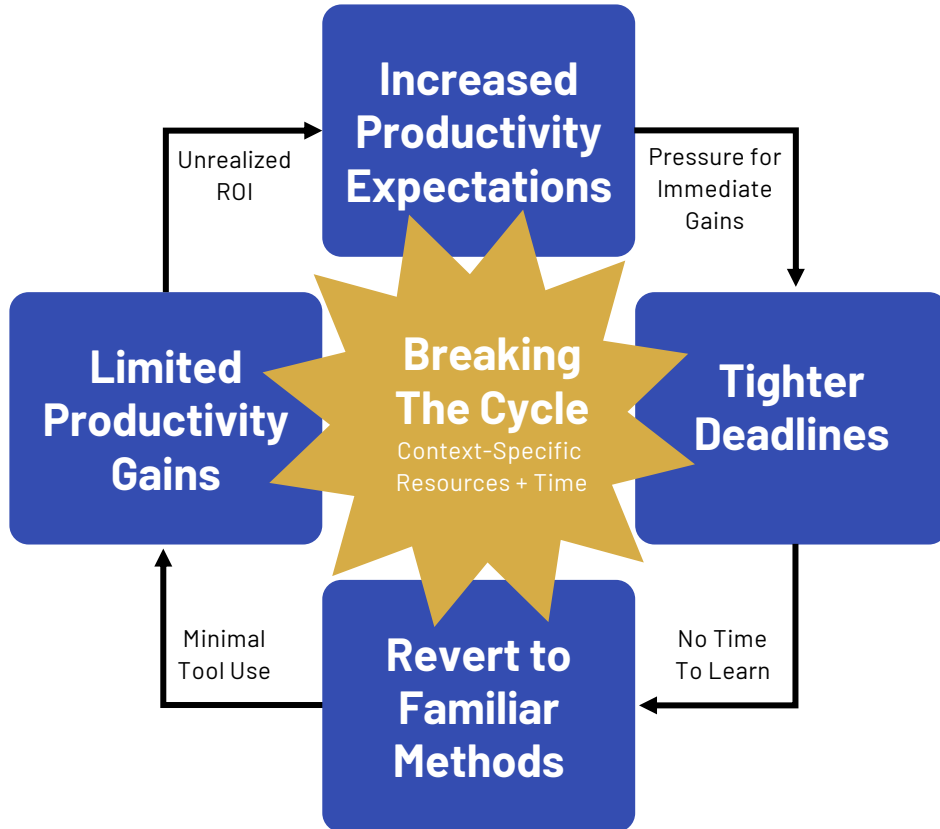
```
// Refactor: migrate from moment  
// to dayjs for date formatting  
import dayjs from 'dayjs';  
const date = dayjs().format('YY-MM-DD');
```



# Unexpected Interactions: Time, Expectations, And Developing Proficiency



*These findings challenge the prevailing GenAI deployment strategy across the software industry, which places the responsibility of determining how to integrate tooling to yield expected productivity gains on individual developers*



## **The Productivity Pressure Paradox**

Increased productivity expectations from management without corresponding support creates a paradoxical effect, where developers lack the time necessary to develop the skills that would save time.

**Methods**

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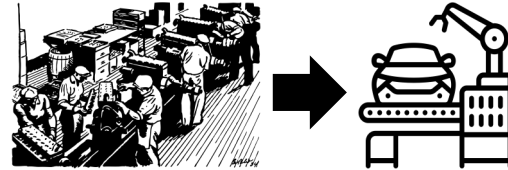
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E.g., Henry Ford -> Continuous Motion Assembly Line



Workers focused on execution within optimized workflow. Their productivity increased as a consequence of systematic change

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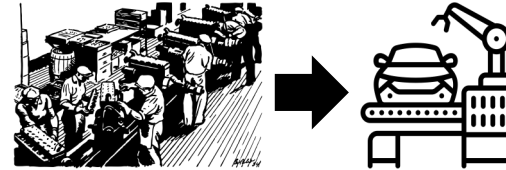
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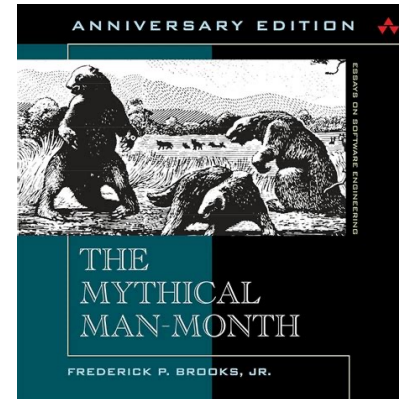
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Adding developers to a late project increases complexity without corresponding capability. To gain efficiency, better systems are needed

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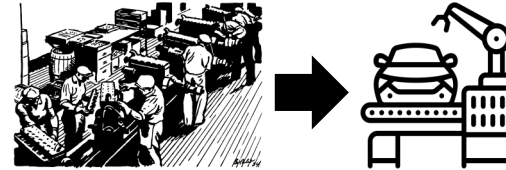
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## Better Systems Are Needed

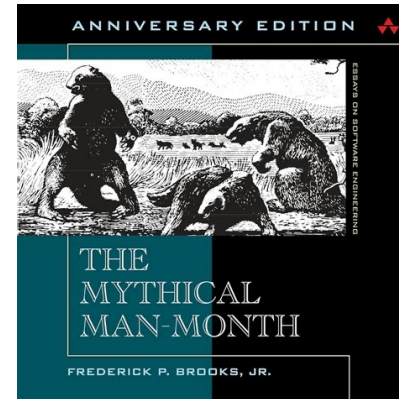
Adding GenAI without corresponding support creates new coordination challenges and learning requirements

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# For Orgs: Increase Productivity By Increasing Support

## A Shift In Responsibility

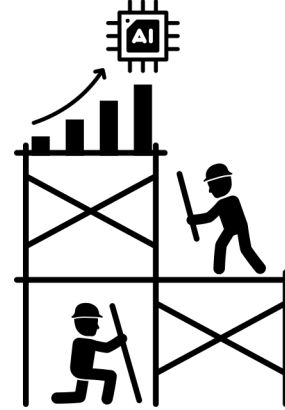
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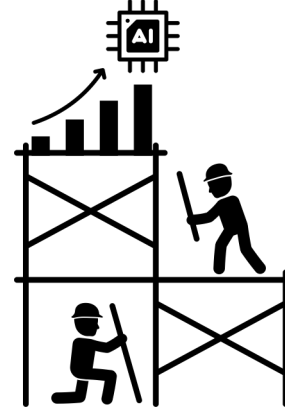
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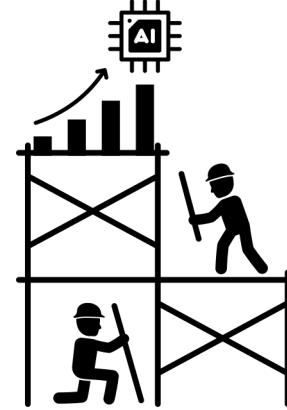
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**Table 2: Evidence-Based Team Interventions for AI Tool Adoption**

Intervention	Target Stage	Mechanism	Implementation Examples
<b>Clear Organizational Messaging</b>	Mindset Formation	Sets expectations; legitimizes exploration	Leadership demos; documented value propositions; success metrics
<b>AI Tool Champions</b>	Approach Determination	Models usage; provides guidance; reduces risk	1-2 designated team experts with 10% time allocation for peer support
<b>Context-Specific Use Cases</b>	Experience & Learning	Translates capabilities to team workflows	Team wiki with domain examples from actual repositories
<b>Knowledge Sharing Infrastructure</b>	Experience & Learning	Accelerates learning; normalizes challenges	Dedicated channel; "AI wins/fails" in standups; pair programming
<b>Protected Learning Time</b>	Throughout	Enables pressure-free experimentation	"AI Fridays"; sprint time allocation; hackathons
<b>Collaborative Sessions</b>	Experience & Learning	Transforms individual struggles to team learning	Weekly demos; monthly challenges; brown bags

# *In Summary*

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- Our findings imply widespread expectations for rapid productivity gains without sufficient support creates a **Productivity Pressure Paradox**, undermining the productivity gains that motivate adoption



Paper



Infographic



We have stickers!



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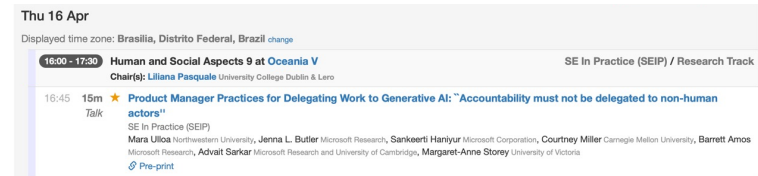
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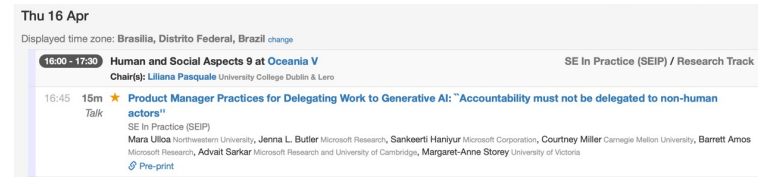
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Life Update:

Carnegie  
Mellon  
University



THE GEORGE  
WASHINGTON  
UNIVERSITY  
WASHINGTON, DC



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